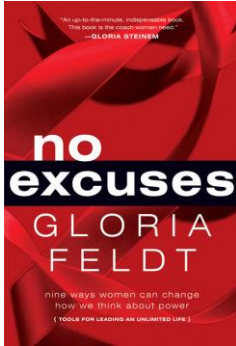


MA Conference for Women | Strategies to Redefine Power and Lead with Intention | *No Excuses* 9 Ways Power Tools Workshop | with Gloria Feldt



Name _____

1. I knew I had the power to:

_____ when:

Where I was, how it felt, looked, what I learned from it:

2. Where do I struggle the most with embracing my power? What are the blocks, including my beliefs, habits, fears, as well as the external blocks standing in the way?

3. What is my intention, the vision or goal I want to achieve next in my personal or career life?

4. What are 2-3 near term action steps I commit to take to reach m goal?

5. Which Power Tools speak to my strengths? Which can help me embrace my “Power To” reach my intention?

6. How will I hold myself accountable for this intention, how will I tell the world, and how will I celebrate when I’ve achieved it?

NO EXCUSES: 9 WAYS WOMEN CAN CHANGE HOW WE THINK ABOUT POWER

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Bring Gloria to speak to your organization by e-mailing: Gloria@gloriafeldt.com